

## **Terms and Conditions**

### **Life After Trauma Therapy Ltd**

These Terms and Conditions govern the use of the Life After Trauma Therapy Ltd website, services, courses, and digital content. By accessing or using any services, you agree to these Terms and Conditions.

#### **About the Service**

Life After Trauma Therapy Ltd provides counselling, coaching, psychoeducational courses, group programmes, written materials, and digital content focused on trauma recovery and personal development. Services may be delivered online or in person.

#### **Not a Crisis or Emergency Service**

Services provided are not a crisis or emergency service. If you are experiencing immediate risk or distress, you are responsible for contacting emergency services or appropriate crisis support in your area.

#### **Age Restrictions**

Services are intended for adults aged 18 and over unless explicitly agreed otherwise in writing.

#### **Informed Participation**

Clients and participants are responsible for their own wellbeing and engagement. No guarantees are made regarding outcomes. Participation may involve emotional discomfort as part of personal growth and recovery.

#### **Courses and Digital Content**

All courses, books, downloads, and online materials are provided for educational and psychoeducational purposes only and are not a substitute for therapy, medical treatment, or crisis care.

#### **Payment and Refunds**

Payment is required in advance unless otherwise stated. Refunds are not guaranteed and are considered on a case-by-case basis unless statutory consumer rights apply.

#### **Professional Boundaries and Termination**

Life After Trauma Therapy Ltd reserves the right to refuse, pause, or end services where work is outside scope of practice, boundaries are breached, safety concerns arise, or services are no longer appropriate.

#### **Safeguarding and Legal Disclosure**

Confidentiality is respected but not absolute. Information may be shared without consent where there is risk of serious harm, safeguarding concerns, or disclosure of serious criminal activity including human trafficking, radicalisation, terrorism, or violent crime, in line with UK law.

**Intellectual Property**

All website content, materials, videos, downloads, and written works remain the intellectual property of Life After Trauma Therapy Ltd and may not be reproduced, shared, or distributed without permission.

**Limitation of Liability**

Life After Trauma Therapy Ltd is not liable for indirect or consequential loss arising from use of services or materials, to the fullest extent permitted by law.

**Data Protection**

Personal data is processed in accordance with the Privacy Policy and UK data protection legislation.

**Governing Law**

These Terms and Conditions are governed by the laws of England and Wales.

**Contact**

Life After Trauma Therapy Ltd

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