

Safeguarding Policy

Life After Trauma Therapy Ltd

Life After Trauma Therapy Ltd is committed to safeguarding and promoting the welfare of all individuals who engage with our services. We recognise our responsibility to protect adults and children from harm, abuse, neglect, and exploitation and to respond appropriately when safeguarding concerns arise.

Scope

This policy applies to all counselling, coaching, courses, group work, and digital services provided by Life After Trauma Therapy Ltd.

Legal Framework

This policy is informed by UK legislation including the Care Act 2014, Children Acts 1989 and 2004, Working Together to Safeguard Children, the Counter-Terrorism and Security Act 2015, the Modern Slavery Act 2015, the Data Protection Act 2018 and UK GDPR.

Safeguarding Lead

The Safeguarding Lead is Klare Bailey, Director and Practitioner.

Recognising Safeguarding Concerns

Safeguarding concerns may arise through disclosure, observation, or information shared during services. All concerns are taken seriously and handled sensitively.

Responding to Safeguarding Concerns

Where a safeguarding concern is identified, appropriate action will be taken which may include referral to statutory services or emergency services where there is immediate risk.

Limits of Confidentiality and Serious Crime

Confidentiality is respected but is not absolute. Information may be shared without consent where there is risk of serious harm, safeguarding concerns, or disclosure of serious criminal activity including human trafficking, terrorism or radicalisation, sexual exploitation, or violent crime. Information shared will be proportionate, relevant, and recorded securely. Wherever possible, individuals will be informed unless doing so increases risk.

Online Safeguarding

Additional care is taken for online and digital services, including maintaining professional boundaries and using secure platforms.

Record Keeping

Safeguarding records are factual, stored securely, and retained in line with data protection legislation.

Policy Review

This policy is reviewed annually or following changes in legislation or safeguarding guidance.

Last reviewed: February 2026